



## The Hangar Daily Breakfast Menu

## October 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BOILED EGGS	BOILED EGGS	BOILED EGGS	BOILED EGGS	<b>BOILED EGGS</b>
GRITS	CREAM OF WHEAT	GRITS	CREAM OF WHEAT	GRITS
FRUIT PARFAIT BAR				
TOAST OPTIONS				

HOURS OF OPERATION: Breakfast: 0645-0815 Lunch: 1100-1300 Dinner: 1700-1730 (meal card holders only)

Training Day (meal card holders only): Breakfast: 0645-0745 Lunch: 1100-1200 Dinner: 1700-1730

CLOSED: Dinner, Training Days, Weekends, Holidays and Family Days to hospital staff

All items are subject to availability